

# June 9 PCFYI: Help for first-time mothers; dogs that deserve a chance; and answers from the Green Geek

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## Nurse-Family Partnership can help ease stress of pregnancy for first-time moms

Pregnancies — especially first-time pregnancies — are generally thought of as an exciting period for families. However, for some future mothers, a pregnancy can be a time of confusion and anxiety. Pima County's Nurse-Family Partnership can help relieve much of that stress. New moms are partnered with their own personal nurse who will provide education and support to help them be the best moms they can be. The [Nurse-Family Partnership](#) is open to women who are less than 28 weeks pregnant with their first child.

[WATCH VIDEO](#)

## Mother, daughter building construction careers together, with helping hand from One-Stop

The mother-daughter duo of Irene Rivera and Angelina Damiano are learning and building their careers in construction together, with an assist from the [Pima County One-Stop](#). They are both students in Pima Community College's Building and Construction Technologies program. Because they were facing financial difficulties, they were referred to the Pima County One-Stop, a program that connects job seekers with employment or career training through Pima County's [Community and Workforce Development Department](#).



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## Green Geek gives advice on air conditioning, recycling of aluminum foil and aerosol cans



Can you recycle the aluminum foil you use to wrap your lunch? Should an empty whipped cream container go into the recycle bin? Is there a better way to keep cool in the summer than staying home all day and blasting the air conditioning? The Green Geek is here to answer your questions about all things green! You'll find this column in Pima County FYI on the second Friday of each month. If you have a question about anything green-related, send it to [fyinewsletter@pima.gov](mailto:fyinewsletter@pima.gov).

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## Pima County offers resources to boost safety during Gun Violence Awareness Month

Every day in the United States, more than 200 people are shot and wounded with a gun. According to the [Gun Violence Archive](#), there have already been more than 8,000 deaths and 15,000 injuries caused by guns so far this year in the United States. As part of Gun Violence Awareness Month, let's honor the victims of firearm tragedies and do what we can to prevent more incidents.

Pima County is helping residents access helpful tools and resources like free gun locks, firearms training (click image for video), gun-safety tips, mental-health assistance and more.



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## 'These dogs deserve a chance:' Long-stay canines called friendly, beloved



Dallas Boies, the [Pima Animal Care Center's](#) adoption coordinator, speaks fondly of Howard, the shelter's current "longest stay" dog. "Somebody is missing out on the best companion," Boies said. It's a sentiment that is shared by many of the shelter's staff members and volunteers about several of their long-term pups. PACC currently has 43 dogs who have been in the shelter for more than 100 days.

These long stretches of time in the shelter can be detrimental to the dogs' physical and mental health, PACC officials say.

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## Pima County seeks input for traffic study in, around West Valencia Road corridor

With new developments coming along the already busy Valencia Road and in the southwest area, Pima County would like to hear any ideas you might have to improve transportation access, safety and mobility in the region. Thus, Pima County's Transportation Department has extended the deadline for public comments on its Southwest Area Mobility Study until June 30. You can participate in the study by taking an online survey and adding comments to an interactive map on the [project website](#).



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## Reporting crime only requires a phone call



It's easy to prevent crime or share tips on a crime that may have already been committed, thanks to the 88-Crime program, which is part of the Pima County Attorney's Office. Click on the button below for a bilingual resource that shows you three easy ways to share tips.

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# Libraries offering lessons on bike maintenance

If you've ever wanted to learn how to tune up or maintain your bicycle, the Pima County Public Library is offering a series of free bike-repair clinics throughout the month of June. There will be five clinics at five different libraries that will teach basic skills to keep your two-wheeler in top shape. And the best part is, you can bring your own bike to work on as you learn. The first clinic is today from 11:30 a.m. to 1:30 p.m. at the Joel D. Valdez Main Library. Click on the button below to find the complete schedule, locations and times for a clinic near you.



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