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May 10 PCFYI: Health resources for moms, pools for rent and making a splash at Canoa Ranch

Pima County, Arizona sent this bulletin at 05/10/2024 09:00 AM MST

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Friday, May 10, 2024 — Vol. 9, No. 9



Now's the time for parents to check out PCHD's maternal health programs

Mother's Day is around the corner, providing the perfect opportunity to remind new or expectant parents of the services the Pima County Health Department offers. Several of these are free, others are low cost or are priced based on a sliding scale depending on family income.

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Rare native fish splashes down at Canoa Pond

Blue damselflies danced across the surface of the pond. A faint breeze ruffled the leaves of a tree. Then the early afternoon stillness was interrupted by a splash, marking the arrival of the pond's newest resident — one of more than 100 endangered fish relocated to Historic Canoa Ranch by staff and volunteers from Pima County and Arizona Game and Fish.



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Rent a pool in Pima County!



It's pool party season in Pima County! You can reserve an entire pool at select community centers every Saturday between June 1 and Aug. 3.

For \$250, you and up to 65 guests can enjoy a pool with all of its water features and have lifeguards onsite.

[WATCH VIDEO](#)

The heat is here, but so are ways to stay safe and healthy

Many Pima County residents have lived with extreme heat all their lives, but those high temperatures can quickly have an impact on even the healthiest person.

That's why the Pima County Board of Supervisors declared the second week in May to be Heat Awareness Week. This year, it's being observed May 6 through May 10.

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Green Geek confronts CDs, clothes and corks



Can you recycle that old pair of jeans? What should you do with a wine cork when the bottle is empty? How quickly will a CD decompose if you send it to the landfill?

The Green Geek is ready to answer your questions about all things green!

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New PDC director brings wide-ranging experience to Pima County

Rod Lane may have just started his new job, but in a way, he's been preparing for it all his life. Until recently, Lane was the South Central District Engineer at the Arizona Department of Transportation (ADOT). He already knows many of the County's roads and bridges well. Ask him about his biggest project, the massive reconstruction of Interstate 10, and he can tell you the details.

Now, as the director of Pima County's Project Design and Construction department, Lane is taking on a new challenge.

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Loop expansion brings safety and accessibility to north Marana



It's been 20 years in the making: The Chuck Huckelberry Loop will finally reach all the way to north Marana, thanks to a great example of a public-private partnership delivering for the citizens of their community.

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Help PACC #EmptyTheShelters on May 11

Looking for your new best friend? So is [Casa](#), along with hundreds of dogs at the Pima Animal Care Center! Stop by on Saturday, May 11, when PACC will be offering free adoptions and extending its hours to give you more time to find the perfect dog or cat for you.

Additionally, adopters and their new buddies have the chance to win cool new prizes.

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On Therapy: Librarian hosts Q&A with psychologist Dr. Andy Bernstein



Do you need therapy? What are its benefits? What should I expect during my first session?

In honor of Mental Health Awareness Month, Dusenberry-River librarian and Synapse Team co-founder Hilary T. sat down with Dr. Andy Bernstein from the Southern Arizona Psychological Association to talk about all things therapy-related. Read more about their conversation here.

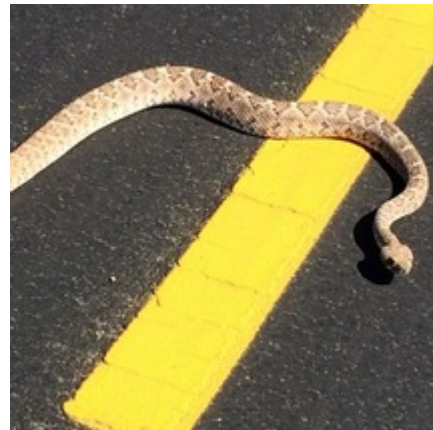
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Send us your favorite photos of Pima County!

Check out this cool photo sent by Bill Pirillo! When you find something cool in Pima County, we'd love to see your photos too. Our social media team wants to feature your adventures in the County we love, whether it's out at a museum, a trail, a County facility, a park, in odd weather, or even shenanigans at your job.

Email your photos to SM-PimaCounty@pima.gov and include a short caption. These images will be featured on Facebook and Instagram.

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