

#### ARIZONA – RESPIRATORY VIRUS SUMMARY Week 9 (2/23/2025- 3/1/2025)

2024–2025 Respiratory Season (9/29/2024 – 9/27/2025)

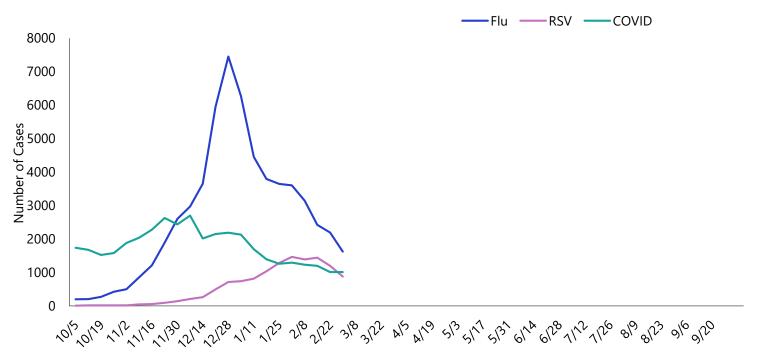
Please see the NEW interactive respiratory dashboards: <u>Summary</u>, <u>Flu</u>, <u>RSV</u>, & <u>COVID-19</u>.

## **Respiratory Season Synopsis**

- Influenza and RSV activity is trending downward yet remains high and is above the seasonal average. COVID-19 activity remains stable and is below the seasonal average.
- To receive weekly updates, subscribe to the Respiratory Virus Summary at <u>azhealth.gov/email</u>.
- The cases included in this report represent a small proportion of the true number of cases of respiratory diseases. Many people do not visit the doctor when ill and doctors should not be expected to run tests on all patients exhibiting respiratory symptoms.
- Four influenza-associated pediatric deaths have been reported for the 2024-2025 season. The cases were PCR-positive for influenza A/H1 (2), A/H3, and B.
- To date, there are two probable human cases of H5N1 in Arizona. See the <u>website</u> for more information.

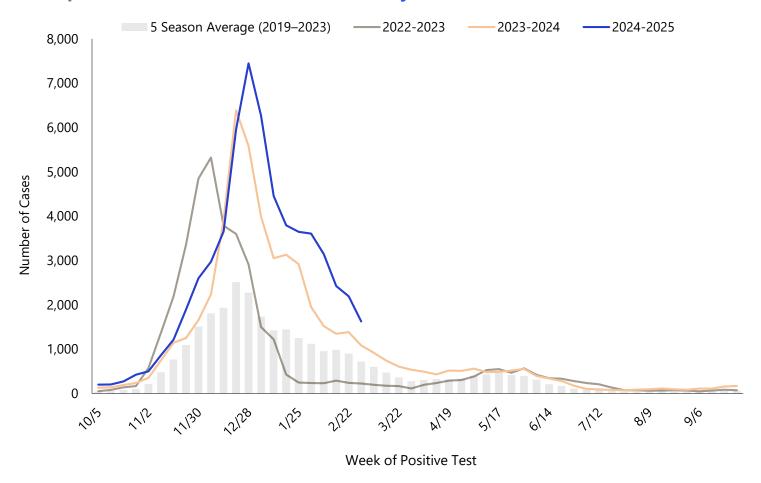
### Respiratory Season Activity (Flu, RSV, COVID-19) 2024-2025

#### **Laboratory-Confirmed Respiratory Cases**



## **Laboratory-Confirmed Influenza Activity by Season**

In the past week, there were 1,625 laboratory confirmed influenza cases.

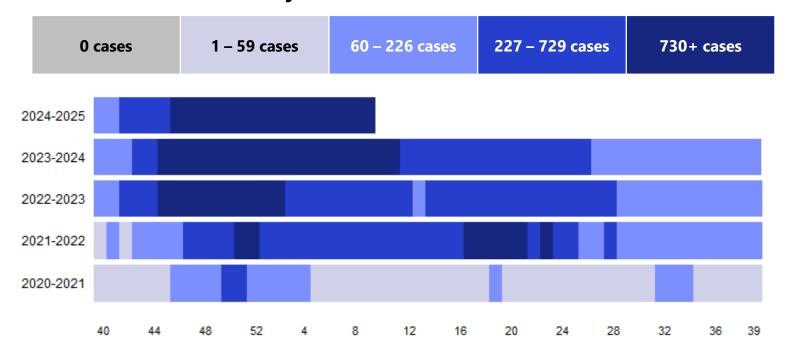


Number of Lab-Confirmed Influenza Cases Reported, by Week of Test: 2019–2024

Table 1: Reported Laboratory-Confirmed Influenza Cases Compared to Past Weeks and Seasons

	Cumulative Season Total	Current Week Total
2024–2025	59,346	1,625
2023–2024	44,327	1,083
5 season average	23,404	720
% increase, compared to 2023– 2024 season	34%	50%
% increase, compared to a typical influenza season	154%	126%
% increase, compared to last week	3%	-26%

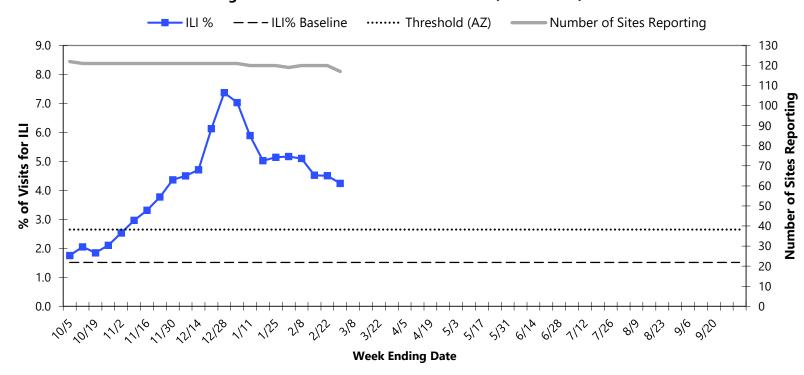
### **Arizona Influenza Intensity Levels**



### Influenza-Like Illness (ILI) Surveillance from Sentinel Outpatient Providers

ILI percent was above the epidemic threshold at 4.2% in week 9\*.

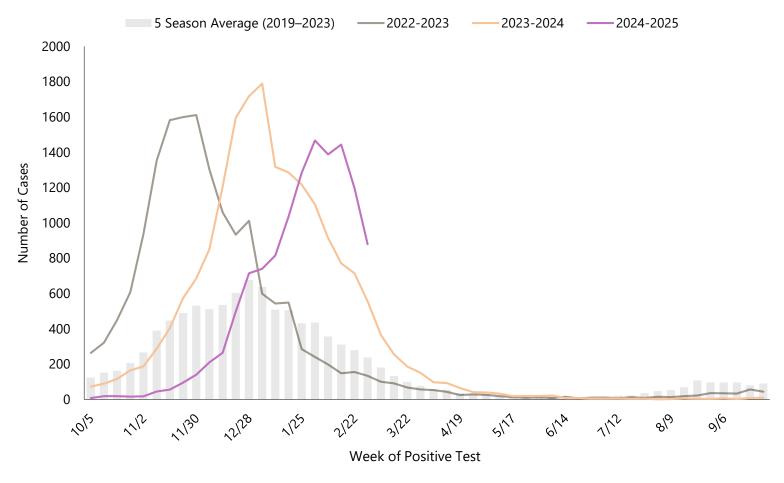
#### Percentage of Visits for ILI at Sentinel Providers, 2024-2025, Arizona



<sup>\*</sup>Note: The baseline is defined as the mean of the state ILI% in weeks in the 2021–2024 influenza seasons in which two or more consecutive weeks each accounted for less than 2% of the season's total number of specimens testing positive for influenza at the Arizona State Public Health Laboratory. The epidemic threshold is defined as the mean plus two standard deviations.

# **Laboratory-Confirmed RSV Activity by Season**

In the past week, there were 880 laboratory confirmed RSV cases.



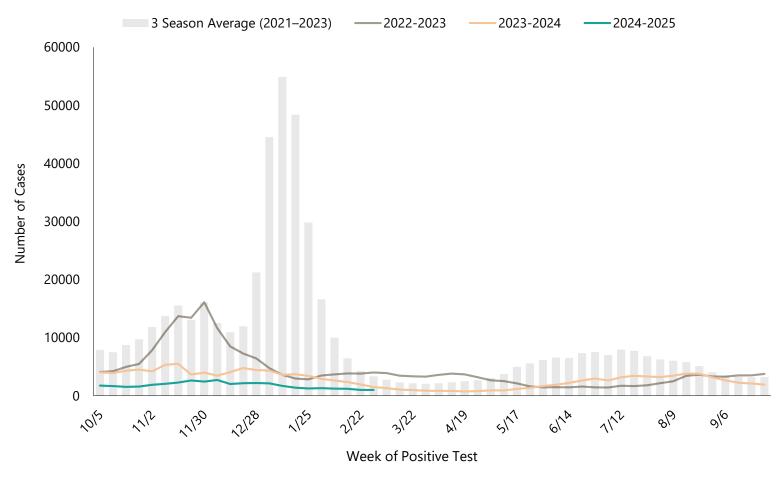
Number of Lab-Confirmed RSV Cases Reported, by Week of Test: 2019–2024

Table 2: Reported Laboratory-Confirmed RSV Cases Compared to Past Weeks and Seasons

	Cumulative Season Total	Current Week Total
2024–2025	12,354	880
2023–2024	17,621	556
5 season average	8,674	247
% increase, compared to 2023– 2024 season	-30%	58%
% increase, compared to a typical season	42%	256%
% increase, compared to last week	8%	-27%

## **Laboratory-Confirmed COVID-19 Activity by Season**

In the past week, there were 1,012 laboratory confirmed COVID-19 cases.



Number of Lab-Confirmed COVID Cases Reported, by Week of Test: 2021–2024

Table 3: Reported Laboratory-Confirmed COVID-19 Cases Compared to Past Weeks and Seasons

	Cumulative Season Total	Current Week Total
2024–2025	39,068	1,012
2023–2024	82,565	1,503
3 season average	379,140	3,344
% increase, compared to 2023– 2024 season	-53%	-33%
% increase, compared to a typical season	-90%	-70%
% increase, compared to last week	3%	0%

#### About the Data:

<u>2024–2025</u> Respiratory Season: The season is defined by surveillance weeks. The first day of the 2024–2025 respiratory season was September 29, 2024, or week 40 and the 2024–2025 surveillance season will continue through September 27, 2025, or week 39.

<u>Intensity Levels</u>: Indicator of the intensity of flu activity in Arizona. The current season weekly case counts are classified into ranges that are calculated based on the average of the 5 previous season's data (2019-2024).

<u>Influenza-associated Pediatric Deaths:</u> Influenza-associated pediatric deaths are reportable to the public health departments in Arizona. The 2008–2009 and 2009–2010 seasons showed an increase in influenza-associated deaths in children related to the circulation of the 2009 H1N1 strain. Zero to six deaths were reported in each of the other seasons since 2004.

<u>Influenza-like illness:</u> Defined as a fever of at least 100°F plus cough and/or sore throat. In weeks when a relatively low number of enrolled facilities report data, the ILI proportion may not be as representative of Arizona activity as for other weeks. The state ILI baseline is 1.5% and the epidemic threshold is 2.6%\*. Because of the non-specific symptoms of ILI, multiple viruses, including COVID-19, may impact the percentages.